



The Rivington
Foundation

Primary View:

At Rivington Foundation

Primary we know that effective
learners are:

- Are resilient learners and never give-up.
- Reflect on their performance.
- Demonstrate reciprocity to others.

But we know that effective
learners are happy learners.

One of our key values is to
demonstrate politeness and
kindness to everyone.

Remembering this value will :

- Ensure that we have happy learners.
- Prevent bullying from taking place in our school.

We don't have a bullying
problem at Rivington
Foundation Primary and by
working together we intend to
ensure that it remains that
way.

At Rivington it's easy to remember our
Anti-Bullying code—it's as simple as ABC!

Always tell someone

Tell a responsible adult or a friend.
Someone to resolve the situation. You
WILL be taken seriously.

Be positive

Try not to let the bully see that you're
upset.

Say no and walk away confidently.

Care for each other

You have a responsibility to tell an adult if
you know some one is being bullied. Don't
be a bystander!

What should I do if I'm being bullied?

DO:

- Ask them to STOP, if you can. Use eye contact and tell them to go away.
- Ignore them and walk away. □ Act as though you don't care what they say or do.
- Talk to a friend.
- Tell someone and get help straight away.
- Speak with a member of the Anti-bullying alliance

Remember it is NOT your fault. DON'T:

- Get angry or fight back
- try not to react.
- Hit them.
- Think it is your fault
- Hide it.
- Do as the bully say

Bullying can be
different
things, and
isn't just
hitting or
kicking another person.

STOP BULLYING

- Emotional bullying is hurting someone's feelings, leaving them out or bossing them about.
- Physical bullying is punching, kicking, spitting, hitting or pushing someone.
- Verbal bullying is teasing someone, calling them names or using rude hand signs. People can also use verbal bullying to be racist or homophobic.
- Racist means bullying someone because of their skin colour, race or what they believe in.
- Homophobic means bullying someone because of their gender or sexuality; calling someone gay or lesbian to hurt their feelings would be homophobic.
- Sexist means bullying someone because of their sex (whether they are a boy or a girl).
- Cyber bullying involves sending horrid messages over the internet or by text message. Bullying can be done through another person, by one person sending another person to say nasty things.

SO REMEMBER...

If you are being bullied or are concerned that someone else is being bullied tell an adult and they will take you seriously. If you don't feel confident write down your concern and place it in the 'Worry Box' in your classroom.

I agree to the Rivington Foundation Primary Anti-Bullying Policy.

I understand that bullying will not be tolerated at Rivington Foundation Primary.



I know that it is my responsibility to be kind and polite to everyone I meet.

Name: _____

Class: _____

Class: _____

BULLYING BEHAVIOUR IS:

When an individual or group deliberately repeatedly threatens, harms or frightens someone else.

Bullying can also be persistently rude gestures, deliberate damage to property, taking property without permission, malicious gossip or forcing someone to do something against their will.

BULLYING BEHAVIOUR IS NOT:

Teasing behaviour between friends without the intention to cause hurt and where this happens in a single incident. It is not falling-out after a disagreement or quarrel (although in some instances this can be bullying).

Rivington Foundation Primary Anti-Bullying Contract

Who can I tell when I need a helping hand?

We will always treat bullying seriously. Tell a friend, an anti-bullying alliance member, a teacher, teaching assistant or any other member of staff.

We will talk to the bully and explain that they **MUST** stop being unkind to you. We will give out warnings or sanctions (punishments) and will talk to parents. Hopefully the bully will realise that he or she is being unkind and will show that they are able to behave more kindly towards others so that you can feel safe and happy in school. Your teacher will check with you that things have been ok.

