

## Child Mental Health Week

In these difficult times, it is important to remember what makes us happy. We are all part of a bigger picture just like pieces of a jigsaw. Use the jigsaw template below to draw and write on the things that make you feel happy. Colour and cut your jigsaw piece out and display it proudly on one of your front windows. Let's see how many windows we can decorate to keep spirits up and remember the good things! You can have a competition with your friends to see how many you can spot when you are out and about!

